

Perinatal Referral Pathway for GPs

Referrals from GPs follow the same pathway as referrals to other mental health teams. CCG document completed and sent to Single Point of access (MHBC).

The MHBC will then liaise with Perinatal Mental Health Team on the appropriate care level / triage.

Referral to the Perinatal Team is for Moderate to Severe presentation, should include;

Timeframe - 12 weeks gestation to 12 months postnatal

Diagnosis - SMI: Schizophrenia or Bipolar Affective Disorder

Moderate / Severe presentation of Depression / Anxiety / OCD where there is a significant impact on functioning

History - Puerperal psychosis in previous pregnancies,

postnatal depression requiring acute care or with serious DSH

Complex cases - Will be triaged on a case by case basis – please contact the team

