Perinatal Referral Pathway for GPs

Referrals from GPs follow the same pathway as referrals to other mental health teams. CCG document completed and sent to Single Point of access (MHBC).

The MHBC will then liaise with Perinatal Mental Health Team on the appropriate care level / triage.

Referral to the Perinatal Team is for Moderate to Severe presentation, should include;

Timeframe - 12 weeks gestation to 12 months postnatal

Diagnosis - SMI: Schizophrenia or Bipolar Affective Disorder

Moderate / Severe presentation of Depression / Anxiety / OCD where

there is a significant impact on functioning

History - Puerperal psychosis in previous pregnancies,

postnatal depression requiring acute care or with serious DSH

Complex cases - Will be triaged on a case by case basis – please contact the team

LOW - MODERATE

Depression / Anxiety

No or minimal affect on functioning

No medication trialled

TLNWL or TSH fleeting, not intrusive, no attempt, plan or intent

MODERATE- SEVERE

Functioning severely affected

Bonding or attachment impaired

TLNWL or TSH with attempt at either, plan or intent evident or ambivalence

COMPLEX CASES

EUPD / Eating disorder / Addiction with co-morbid mental illness

F&CC involvement

Multiple agencies involved

Domestic violence

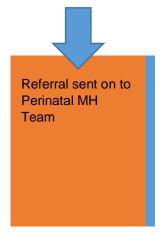
Asylum seeker / Foreign national / travelling



Consider
Community &
Voluntary Sector

Steps to Wellness

Primary Mental Health Team



Discussion with Perinatal MH Team

Appropriate pathway decided, Co-working or Consultation can be provided