

Quality Care - for you, with you

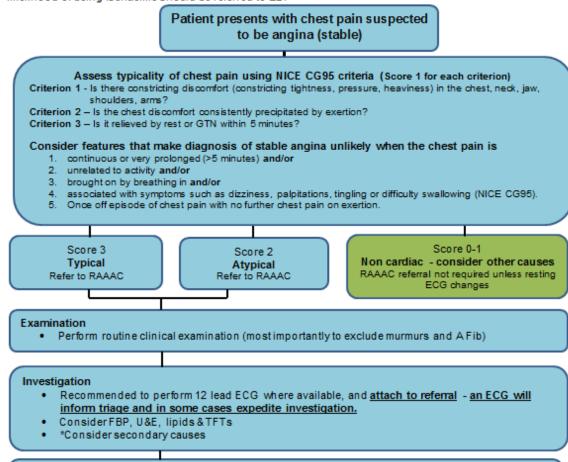
Appendix 7: GP direct referral to RACPC

Rapid Access Angina Assessment Clinic (RAAAC) Referral Guidance for Stable Chest Pain

RAAACs are designed for the assessment and diagnosis of new onset chest pain (stable, non-acute) suggestive of <u>stable angina</u> and for patients who have known ischaemic heart disease and recurrent symptoms not currently under a cardiologist. It is not appropriate for screening for CHD or definitively diagnosing non-cardiac causes of chest pain.

Patients who clearly have non-cardiac chest pain are not likely to benefit from attendance and will not be offered an appointment; referrals will be returned if there is insufficient information.

Patients who are felt to have unstable symptoms i.e. prolonged (>5minutes) episodes of chest pain with a high likelihood of being ischaemic should be referred to ED.



Prescribing

Start aspirin and GTN if typical/atypical angina and consider starting a beta blocker.

CCG Referral information should include:

- Characteristics of presenting chest pain to include NICE CG95 criteria as above
- Patients CV risk factors e.g. smoking, diabetes, hypertension, lipids, and family history (defined as 1st degree relative < 60 years)
- 12 lead ECG and bloods if available
- Q Risk2 Score if available <u>https://www.grisk.org/2017/</u>

Advise patient that if pain/discomfort increases in severity or duration to seek urgent medical attention at an ED.

*NICE CG95 <u>https://pathways.nice.org.uk/pathways/chest-pain#path=view%3A/pathways/chest-pain/assessing-and-diagnosing-suspected-stable-angina.xml&content=view-node%3Anodes-initial-management-and-ecg suggests outruling anaemia, hyperthyroidism etc.</u>