#### **Our Service**

The Community Addictions Team has a number of specialist practitioners to help people experiencing dependency or harmful use of substances.

## What to expect

When your referral is accepted you will receive a letter advising that you are on an appointment waiting list. When we are able to offer you a first appointment we will write again to ask you to contact us to agree a suitable date and time. For urgent appointments we will attempt to contact you by phone and text message in the first instance. If unsuccessful we will write to ask you to contact us to agree a suitable date and time. It is important that you respond to our contacts, otherwise you will be removed from the waiting list.

Your care pathway begins with an assessment appointment, lasting up to 90 minutes. Please allow 45 minutes for follow up review appointments. Together we will discuss the problems from your alcohol/substance use, and your alcohol/substance use history. You will also be asked about the impact your addiction challenges have had on your family.



# To find out more please contact:

#### **COMMUNITY ADDICTIONS SERVICE**

Address:
Community Addictions Team
St Luke's Hospital
Loughgall Road
Armagh
Tel: 028 3756 4513





Involving you, improving care

#### **Our Vision**

To deliver safe, high quality health and social care services, respecting the dignity and individuality of all who use them.

This vision is underpinned by the Trust's values which shape what we do and how we do it.



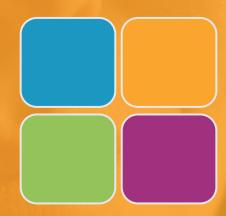
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Quality Care - for you, with you

# COMMUNITY ADDICTIONS SERVICES



INFORMATION LEAFLET

#### **Useful Contacts**

Alcoholics Anonymous (AA)	028	9043	4848
Narcotics Anonymous (NA)	028	9045	7848
Women's Aid	080	8802	1414
PSNI - non emergency			101
PSNI - emergency			999
Davina's Ark	028	3027	9407
Lifeline	0808	808	3000
Samaritans		11	6 123
Cruse	084	4477	9400
Nexus	028	9032	6803
Citizens Advice Bureau (CAB)	028	3836	1181

# **Emergency Departments**

Before attending Craigavon Area or Daisy Hill Hospital Emergency Departments or Minor Injuries service you should phone 0300 123 3 111 between the hours of 9am - 9pm Monday to Friday (excluding bank holidays).

For Emergencies call 999 immediately stroke, heart attack, loss of consciousness, breathing difficulties, severe bleeding or major trauma

Daisy Hill Tel: 028 3083 5000 Craigavon Tel: 028 3844 4444



### SoHope

SoHope is the voice of service users and professionals within the community addictions service. In partnership we work to make and build positive change by connecting service users and professionals.

#### **Community Addictions** Service Mission Statement

We are a specialist addictions treatment service providing confidential, person-centred quality interventions to individuals who are using alcohol and/or other substances in a harmful way, often with other complex issues. We work in partnership with other services to support individuals in their journey of recovery to moderate or cease their substance use.

#### Services we offer

- ✓ Comprehensive and holistic addictions assessment
- ✓ Information and education regarding substance use
- ✓ Interventions that are aimed at increasing and supporting service users motivation to change and reduce harm from their substance use
- ✓ Exploration of how to begin, develop and maintain the process of changing substance use behaviour through individual and group work
- ✓ Interventions focused on relapse prevention and self-development
- ✓ Opiate substitution therapy
- ✓ Overdose prevention and awareness training
- ✓ Blood Bourne Virus testing and vaccination





